

# Vegan Date Bar

**Nutrition Facts** Serv. Size: (83g), Servings: 2, Amount Per Serving:  
**Calories** 320, Fat Cal. 120, **Total Fat** 14g (22% DV), Sat. Fat 5g (25% DV), *Trans*  
Fat 0g, **Cholest.** 0mg (0% DV), **Sodium** 110mg (5% DV), **Total Carb.** 48g  
(16% DV), Fiber 4g (16% DV), Sugars 31g, **Protein** 3g, Vitamin A (0% DV), Vitamin C  
(0% DV), Calcium (2% DV), Iron (10% DV). Percent Daily Values (DV) are based on a  
2,000 calorie diet.

INGREDIENTS: DICED ASEEL DATES, (BROWN RICE FLOUR, TAPIOCA STARCH, WHITE RICE FLOUR, POTATO STARCH, SORGHUM FLOUR, ARROWROOT STARCH, GUAR GUM, SWEET RICE FLOUR, RICE BRAN), SPECTRUM ORGANIC PALM SHORTENING, BROWN SUGAR, ROLLED OATS, WALNUTS, SUGAR, KOSHER SALT, BAKING SODA, CINNAMON, NUTMEG