

# Blueberry Muffin

**Nutrition Facts** Serv. Size: (116g), Servings: 1, Amount Per Serving:  
**Calories** 400, Fat Cal. 150, **Total Fat** 17g (26% DV), Sat. Fat 4g (20% DV), *Trans*  
Fat 0g, **Cholest.** 70mg (23% DV), **Sodium** 500mg (21% DV), **Total Carb.** 58g  
(19% DV), Fiber 2g (8% DV), Sugars 29g, **Protein** 4g, Vitamin A (8% DV), Vitamin C  
(0% DV), Calcium (10% DV), Iron (2% DV). Percent Daily Values (DV) are based on a  
2,000 calorie diet.

INGREDIENTS: (BROWN RICE FLOUR, TAPIOCA STARCH, WHITE RICE FLOUR, POTATO STARCH, SORGHUM FLOUR, ARROWROOT STARCH, GUAR GUM, SWEET RICE FLOUR, RICE BRAN), SUGAR, BLUEBERRIES, WHOLE MILK (MILK, VITAMIN D3), WHOLE EGGS, CITRIC ACID (TO PRESERVE COLOR), 0.15% WATER ADDED AS CARRIER FOR CITRIC ACID, CANOLA OIL, EUROPEAN STYLE BUTTER BLEND, BAKING POWDER (CORNSTARCH, SODIUM BICARBONATE, SODIUM ALUMINIUM SULFATE, MONOCALCIUM PHOSPHATE), VANILLA EXTRACT, KOSHER SALT, BUTTER EMULSION LORANN