

# Lemon Poppyseed Muffin

**Nutrition Facts** Serv. Size: 1 (64g), Servings: 2, Amount Per Serving:  
**Calories** 250, Fat Cal. 130, **Total Fat** 14g (22% DV), Sat. Fat 8g (40% DV), *Trans*  
Fat 0g, **Cholest.** 90mg (30% DV), **Sodium** 150mg (6% DV), **Total Carb.** 29g  
(10% DV), Fiber <1g (3% DV), Sugars 19g, **Protein** 2g, Vitamin A (8% DV), Vitamin C  
(0% DV), Calcium (4% DV), Iron (2% DV). Percent Daily Values (DV) are based on a  
2,000 calorie diet.

INGREDIENTS: SUGAR, BUTTER (CREAM, NATURAL FLAVOR), WHOLE EGGS, CITRIC ACID (TO PRESERVE COLOR), 0.15% WATER ADDED AS CARRIER FOR CITRIC ACID, (BROWN RICE FLOUR, TAPIOCA STARCH, WHITE RICE FLOUR, POTATO STARCH, SORGHUM FLOUR, ARROWROOT STARCH, GUAR GUM, SWEET RICE FLOUR, RICE BRAN), LEMON JUICE, CORN STARCH, SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, MONOCALCIUM PHOSPHATE, PURE VANILLA PASTE (SUGAR, WATER, VANILLA EXTRACT, VANILLA BEANS, GUM TRAGACANTH (A NATURAL THICKENER)), POPPY SEEDS, KOSHER SALT, LEMON EXTRACT (WATER, ALCOHOL, LEMON OIL)